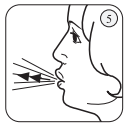




④ 4. Keep the inhaler device upright and push the drilling button only a single motion and leave. Thus holes will be opened in the capsule and will allow the drug to be released when you breathe.



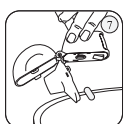
⑤ 5. Breathe out fully.

Important: please never breathe into the mouthpiece.



⑥ 6. Lift the inhalation device up to your mouth and close your lips tightly around the mouthpiece. Take a slow and deep breath by holding your head upright; adjust your breathing rate to hear or feel the capsule vibrating.

Inhale until your lungs are full; hold your breath for a period of time and remove the inhalation device from your mouth. Then breathe normally. Repeat steps 5 and 6 to empty capsule.



⑦ 7. Open the mouthpiece again. Turn the device and throw the used capsule. To clean powders in the inside, use a dry soft tissue or a clean soft brush. Close the mouthpiece and powder cap and leave your device.

NOTE: **DO NOT USE WATER** to clean the inhaler device. The capsules should not be exposed to extreme temperatures. FORPACK inhaler capsules contain a small amount of powder, so capsules are only partially filled.

Questions and answers about the application

1. How do I prevent the capsules from breaking into small particles?
During device use, the capsules may break and small particles may escape into your mouth or throat while breathing. You can prevent this by applying the following:
- Holding the capsules in their original packaging (blister packages) before use.
 - By storing the capsules at room temperature below 25°C.
 - Protect the capsules from moisture.
2. Are capsule particles harmful?
No. The capsule is made of non-harmful edible gelatin. The gelatin particles that slip down to your mouth or throat can be swallowed.
3. How do I remove the capsule stuck in the capsule compartment?
Open the device, turn it upside down, and gently tap the bottom.
4. How do I know if I really took the dose?
- When you breathe through the device, you will detect that the capsule vibrates.
 - You will feel the 'sugar taste' from lactose in your mouth. You may feel dust in the back of your throat. This is normal.
 - When the dose is taken, the capsule will be empty.
5. How do I clean the dust inside the device?
- Use a dry tissue or a soft brush.
 - Keep in mind that you should never wash the device.

Different age groups:

Usage in Children:

FORPACK is recommended for children 6 years and older. Children should only use FORPACK if they can use inhaler device correctly. They should use the inhaler with the help of an adult. If your child has been using an inhaled steroid for a long time at high doses, your doctor will control your child's height regularly.

Usage in Elderly:

It's just like adults.

Special usage conditions:

Renal failure:

There is no specific use for kidney failure.

Liver failure:

Systemic availability may increase in those with liver failure. When the treatment is discontinued, it is recommended to gradually reduce the dose. Treatment should not be interrupted suddenly. The sudden and gradual deterioration of asthma and COPD is a life-threatening condition, and you should urgently seek medical attention. You should always have relaxing inhaler. Even if you do not have the disease statement, you should get FORPACK's dose as recommended by the doctor. The asthma indication is under control, your doctor may gradually decrease the FORPACK dose. Your doctor will follow you closely for the first three months after the drug is started. Asthma-related side effects and exacerbations may develop during treatment with FORPACK. In such a case you should continue treatment with FORPACK, but if the asthma indication can not be controlled or worsens after FORPACK has started, you should seek medical support. In elderly patients in whom inhaled steroids are combined, the risk of pneumonia can be increased. There is insufficient evidence that high doses of COPD are advantageous.

If you have an impression that the effect of FORPACK is too strong or weak, talk to your doctor or pharmacist.

If you use more FORPACK than you should:

When you use FORPACK more than you should, symptoms that can occur most often are chills, headaches, or rapid heartbeat. *If you have used FORPACK more than you should, talk to a doctor or pharmacist immediately.*

If you forget to use FORPACK:

If you forget to take a FORPACK dose that you need to take, take the dose as soon as you remember. But if you have almost the next dosing time, skip the forgotten dose. *Do not take a double dose to make up for forgotten doses.*

4. Possible side effects

As with all medicines, there may be side effects in people who are sensitive to the substances in the content of FORPACK. Like all medicines, FORPACK may cause side effects, but they do not occur in every patient.

If any of the following occurs, stop using FORPACK and tell your doctor immediately and contact the emergency department of your nearest hospital:

- Rash (angioedema) and / or sudden fainting sensation with swelling or difficulty breathing on your face, especially around your mouth (tongue and / or throat and / or swallowing difficulty). This indicates that you may be allergic. This is a rare condition and occurs in less than 1 in 1,000 people.
- Sudden acute wheezing after using your inhaler This is a very rare condition and occurs in less than 1 out of 10,000 people. These are all very serious side effects. If you have one of these, you may need to be admitted to an emergency medical intervention or hospital.

Other possible side effects

Common (less than 1 in 10 people)

- Palpitations (you feel your heart beats), tremor or shaking. If these effects are seen, they are usually mild side effects, and if you continue to use FORPACK, they will go away.
- Thrush (a fungal infection) in the mouth. It is less likely to be seen if you rinse your mouth with water after using FORPACK.
- Mild sore throat, coughing and get a hoarse voice,
- Headache.

Uncommon (less than 1 in 100 people)

- Feeling tired, nervous, agitated,
- Sleep disorders,
- Feeling dizzy,
- Nausea (feeling of sick or vomiting),
- Fast heartbeat,
- Bruising of the skin,
- Muscle cramps,

Rare (less than 1 in 1,000 people)

- Skin rash, pruritus,
- Bronchospasm (muscle contractions in the respiratory tract causing wheezing). If the rash develops immediately after using FORPACK, you should stop using FORPACK and speak to your doctor immediately.
- Decrease in blood potassium level,
- Irregular heartbeat.

Very rare (less than 1 in 10,000 people)

- Depression,
 - Behavioral disorders, especially in children,
 - Pain or constriction in chest (angina pectoris),
 - Increase in blood sugar (glucose) level,
 - Discomfort, such as unpleasant taste in the mouth,
 - Changes in blood pressure,
 - Unusual electrical signal generation in your heart (QTc interval extension),
 - Cushing's syndrome, an adrenal gland disease that leads to weight gain, face rounding, high blood pressure and excessive hirsutism due to excessive increase the level of the cortisol in the blood. Inhaled corticosteroids can affect the production of normal steroid hormones in your body, especially when taken at high doses over a long period of time. These effects are:
 - Changes in bone mineral density (thinning of bones),
 - Cataract (cloud of lens in the eye),
 - Glaucoma (increased pressure in the eye),
 - Decrease in growth rate in children and adolescents,
 - Influence on the adrenal glands,
- These effects are less likely to be seen with inhaled corticosteroids than with corticosteroid tablets. Please inform your doctor or pharmacist if any of the side effects become serious or if you encounter any side effects not mentioned in this instruction.

If you encounter any side effects not mentioned in these instructions for use, please inform your doctor or pharmacist.

5. How to store FORPACK

Store FORPACK in places where it cannot be seen, cannot be accessed by children and in its packaging. Store FORPACK at room temperature below 25°C and keep in a dry place.

Use in accordance with the expiration date.

Do not use FORPACK after the expiration date on the packaging. Do not use FORPACK if you notice any defects in the product and / or packaging.

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